

AJ Lauer, EdD

Speaker. Facilitator. Coach.

Dr. AJ Lauer is the founder of Thriving Ibis Leadership Solutions. She is an expert on diversity and leadership in computing. Dr. Lauer weaves together personal stories and well-researched actionable ideas into experiences that are sure to educate, entertain, and inspire your audience.



EXAMPLE TOPICS

- ✓ Introducing your Imposter Monster
- ✓ Coaching for employee success
- ✓ Communicating about diversity and inclusion
- ✓ The myth of work-life balance
- ✓ Creating inclusive conferences

“Work-life balance looks different to everyone and may change at different times in our lives. The important thing is having the support to ‘balance’ work and home in a way that minimizes stress and maximizes joy.”



About AJ Lauer, EdD

Dr. AJ Lauer (she/her) is on a mission to improve diversity in science and technology fields. AJ deeply understands the impact STEM fields have on all of us and believes that positive culture change in organizations can change the world.

Dr. Lauer has held diverse professional roles, including running a residence hall, leading an educational exhibit design project, and coaching and training C-suite staff - and has the stories to prove it!

She has a unique ability to connect listeners' heads to their hearts through the use of both research and engaging stories. Her highly interactive workshops and talks inspire attendees to examine and re-examine their roles in creating positive cultures.

Dr. Lauer will inspire your audience to not just survive at work, but to thrive. Together.

"This training was absolutely wonderful. Intense and difficult. Worthwhile. Weighty. Fun. An experience that fills my heart, even when my head is a little overwhelmed and slow to catch up. Thank you!"

Coaching for Employee Success participant

"I am a better colleague, friend, and leader thanks to AJ's workshops."

Ali, Communications Specialist

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